

EVENT: APA Spring Powerlifting Championships **DATE:** March 31st 2012 **LOCATION:** Elite Performance Center - Portland OR

Name	Age	BWt (Lb)	WtCls (Lb)	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	PL Total Kgs	PL Total Lbs	Coeff Score	AM/PRO	Age Class	PLACE
RAW																			
Chris Duffin	34	219.6	220	295	327.5	335	182.5	200	212.5	547.5	295	320	335	882.5	1945.6	514	PRO	Open/Submaster	Best Lifter (Overall)
Justin Randal	31	266	275	307.5	327.5	-340	222.5	0	0	550	302.5	320	-327.5	870	1918.0	479	PRO	Open	1st Place
Jason Payne	35	275.4	275	275	295	-310	192.5	205	212.5	507.5	300	317.5	327.5	835	1840.8	456	PRO	Submaster	1st Place
Ryan Stills	35	238.8	242	260	272.5	282.5	167.5	182.5	190	472.5	285	300	-315	772.5	1703.1	436	AM	Open/Submaster	1st/1st Place
Kameron Ross	23	216.2	220	227.5	242.5	260	142.5	150	160	420	272.5	287.5	300	720	1587.3	422	AM	Open	1st Place
Cody Hyatt	26	278	308	260	282.5	295	170	-190	-190	465	277.5	287.5	297.5	762.5	1681.0	415	PRO	Open	1st Place
Ric Rabourn	45	261.4	275	220	237.5	250	155	162.5	167.5	417.5	250	265	277.5	695	1532.2	384	PRO	Master 45-49	1st Place
Will Rogers	28	351.8	SHW	-250	265	280	172.5	182.5	-192.5	462.5	250	265	-272.5	727.5	1603.8	375	PRO	Open	1st Place
Bob Moyer	25	247.8	275	185	-205	227.5	142.5	152.5	-165	380	247.5	270	-275	650	1433.0	364	AM	Open	1st Place
Casey Smith	28	205.6	220	160	185	195	142.5	160	167.5	362.5	185	205	227.5	590	1300.7	354	AM	Open	2nd Place
Triston Howard	15	261.6	275	227.5	-250	250	137.5	-157.5	-157.5	387.5	227.5	245	-250	632.5	1394.4	349	PRO	Teen 13-15	1st Place
Adam Glasgow	45	218.8	220	205	217.5	-227.5	130	147.5	-160	365	207.5	220	230	595	1311.7	347	PRO	Master 45-49	1st Place
Karl Johnson	18	217	220	180	195	210	137.5	142.5	-150	352.5	222.5	232.5	240	592.5	1306.2	347	AM	Teen 18-19	1st Place
Mitch Price	17	163.2	165	135	-150	152.5	97.5	112.5	-120	265	185	205	222.5	487.5	1074.7	339	AM	Teen 16-17	1st Place
Chuck McFarland	57	195.8	198	147.5	165	182.5	117.5	125	137.5	320	205	227.5	-235	547.5	1207.0	338	AM	Master 55-59	1st Place
Tony McNees	46	181	181	175	195	-205	130	135	-137.5	330	170	182.5	190	520	1146.4	336	PRO	Master 45-49	1st Place
Paris Bakkum	31	233.8	242	175	185	192.5	137.5	145	152.5	345	225	237.5	245	590	1300.7	336	AM	Open	2nd Place
Tim Kaufman	44	178.4	181	160	175	-187.5	117.5	127.5	-137.5	302.5	190	205	-222.5	507.5	1118.8	333	PRO	Master 40-44	1st Place
Greg Shulman	24	195.2	198	-182.5	-205	205	117.5	132.5	-142.5	337.5	182.5	200	-215	537.5	1185.0	332	AM	Open	1st Place
Kevin Wells	40	260.2	275	227.5	-240	242.5	132.5	140	145	387.5	185	192.5	205	592.5	1306.2	328	AM	Master 40-44	1st Place
Ricky Alcaraz	24	333	SHW	-212.5	227.5	-250	130	-142.5	-142.5	357.5	227.5	240	255	612.5	1350.3	320	AM	Open	1st Place
Dan Guches	50	190	198	137.5	155	-157.5	115	125	-132.5	280	227.5	-240	0	507.5	1118.8	318	AM	Master 50-54	1st Place
Parker Schibel	17	206.6	220	172.5	220	-227.5	97.5	-125	-125	317.5	157.5	190	202.5	520	1146.4	311	AM	Teen 16-17	1st Place
Andrei Miclea	21	159.4	165	125	140	150	80	-87.5	-87.5	230	185	-197.5	197.5	427.5	942.5	303	AM	Junior	1st Place
Chris Obuchowski	44	144.2	148	125	142.5	147.5	85	-95	95	242.5	142.5	150	-155	392.5	865.3	302	AM	Open/Master 40-44	1st/1st Place
Brandon Senn	22	198	198	140	147.5	155	-110	110	117.5	272.5	177.5	197.5	207.5	480	1058.2	294	AM	Junior	1st Place
Charles Stay	31	185.2	198	142.5	147.5	155	95	102.5	105	260	160	170	182.5	442.5	975.5	282	AM	Open	2nd Place
Sam Pecktol	57	348.8	SHW	62.5	-65	-65	157.5	182.5	190	252.5	247.5	272.5	285	537.5	1185.0	278	PRO	Master 55-59	1st Place
Austin Roberts	25	177.8	181	115	-120	-120	100	105	-110	220	170	177.5	187.5	407.5	898.4	267	AM	Open	1st Place
Chad McFarland	36	160	165	-112.5	112.5	-135	82.5	87.5	-90	200	145	155	175	375	826.7	265	AM	Special Oly	1st Place
Scott Liefesen	35	235.6	242	155	-177.5	-177.5	92.5	-105	-105	247.5	180	192.5	205	452.5	997.6	257	AM	Submaster	2nd Place
Patrick Leary	14	164.6	165	75	-85	90	-57.5	60	-65	150	110	125	-137.5	275	606.3	190	AM	Teen 13-15	1st Place
Cobi Berman	14	150	165	52.5	65	-72.5	45	55	-60	120	92.5	105	115	235	518.1	175	AM	Teen 13-15	2nd Place
Ben Roberts	30	174.6	181	-130	-130	130	115	117.5	-120	247.5	0						AM	Open	DNF

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RAW (WOMEN)																			
Tamara Meyer	29	145.8	148	120	130	140	67.5	72.5	75	215	130	140	150	365	804.7	334	AM	Open	Best Lifter
Laura Frikert	41	120.8	123	70	80	-87.5	42.5	47.5	-52.5	127.5	105	115	122.5	250	551.2	266	AM	Open	1st Place
Gloria Obuchowski	34	123.8	132	45	-50	-50	55	60	-62.5	105	115	120	127.5	232.5	512.6	242	AM	Submaster	1st Place
Angel North	41	189	198	90	102.5	-112.5	42.5	50	57.5	160	82.5	90	97.5	257.5	567.7	198	PRO	Master 40-44	1st Place
STANDARD GEAR																			
Andrew Snider	37	267.8	275	-275	-275	275	205	227.5	0	502.5	237.5	250	-272.5	752.5	1659.0	413	AM	Submaster	Best Lifter
Nick Berriman	34	218.8	220	160	182.5	192.5	237.5	-262.5	262.5	455	200	227.5	235	690	1521.2	402	AM	Submaster	1st Place
Tony Estebo, EPC	50	198	198	-227.5	242.5	-255	142.5	155	-162.5	397.5	200	222.5	-230	620	1366.9	380	AM	Master 50-54	1st Place
Dustin McFarland	26	196	198	182.5	205	215	137.5	-155	-155	352.5	240	-260	-260	592.5	1306.2	366	Am	Open	1st Place
Ricardo Navarrete	21	255.6	275	165	235	-247.5	122.5	145	-160	380	-227.5	237.5	247.5	627.5	1383.4	349	PRO	Junior	1st Place
Joaquin Diaz DeLeon	37	358.6	SHW	295	-320	-320	-275	-275	-275	0							AM	Submaster	DNF
UNLIMITED GEAR																			
Brian McLaughlin	31	178.6	181	267.5	280	-295	172.5	182.5	-187.5	462.5	232.5	-257.5	-257.5	695	1532.2	453	AM	Open	Best Lifter
Bobby Busch	19	206.6	220	-250	250	-255	192.5	0	0	442.5	245	265	272.5	715	1576.3	428	AM	Teen 18-19	1st Place
Travis Henke	26	192	198	-237.5	-237.5	237.5	145	157.5	175	412.5	145	170	185	597.5	1317.2	372	PRO	Open	1st Place
BENCH PRESS ONLY - RAW																			
Steve Wambach	53	220	220				165	175	182.5					182.5	402.3	106	PRO	Master 50-54	Best Lifter
Reese Blahuta	34	197.6	198				142.5	-147.5	147.5					147.5	325.2	90	AM	Submaster	1st Place
Colton Hardison	33	191.4	198				130	-145	-145					130	286.6	81	AM	BP	1st Place
BENCH PRESS ONLY - RAW (WOMEN)																			
River Williams	21	220	UNL				52.5	60	65					65	143.3	47	AM	Junior	1st Place